



January 4, 2022

New COVID Guidance

Dear I'm Big Now Families,

I'm Big Now Learning Center will continue universal face covering of all students and employees, distancing to the greatest extent feasible, enhanced cleaning/sanitation protocols, identifying close contacts for quarantine, continued education and hygiene best practices.

Based on revised CDC guidance (December 27, 2021) and corresponding Pennsylvania Department of Health update on Isolation and Quarantine Periods for COVID-19 for the General Population (PAHAN-615-12-30-UPD, December 30, 2021), and then updates from Pennsylvania Department of Education on January 3rd, I'm Big Now Learning Center will be following the following guidance:

- 1. Isolation if positive case** - shortening the recommended time for isolation from 10 days for people with COVID-19 to 5 days, if asymptomatic, followed by 5 days of wearing a mask when around others. People who test positive should isolate for 5 days and, if asymptomatic at that time, they may leave isolation if they can continue to mask for 5 days to minimize the risk of infecting others.
- 2. Quarantine if close contact** - For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than 2 months after the J&J vaccine) and not yet boosted, CDC now recommends quarantine for 5 days followed by strict mask use for an additional 5 days. Individuals who have received their booster shot or primary series of Pfizer or Moderna after 2 weeks within 6 months or J and J vaccine within 2 months do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure. For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.
- 3. Please stay home with any symptoms to help protect the students and staff.** For more detailed information, we are following this guidance [click here](#).

Thank you so much,

I'm Big Now Board of Education